



Pana Community Hospital

<<< CELEBRATING OUR PAST
FOCUSED ON THE FUTURE >>>

2014

ANNUAL REPORT



Meet the Leaders of Pana Community Hospital



Dr. Alan Frigy became a part of the Pana Community Hospital family in 1994 providing coverage for Dr. Doyle Slifer when needed. In 1998, Dr. Frigy became Director of

Laboratory Services upon the retirement of Dr. Slifer. In 2000, Dr. Frigy began service as President of the Medical Staff. For the past 15 years, he has proudly served our hospital providing leadership to the many dedicated physicians providing care at Pana Community Hospital. It is the duty of the President of the Medical Staff to consult with the CEO on medical staff matters, conduct medical staff meetings, and serve as the principle reviewer of medical staff credentialing.

Medical Staff of Pana Community Hospital

Dr. Alan Frigy, President
Dr. Demosthenes Asuncion
Dr. Walter (Terry) Cunningham
Dr. Virgilio Dycoco
Dr. Gloria Dycoco
Dr. Marlon Muneses
Dr. Deogracious Quizon
Dr. Catherine Teodoro
Dr. Steven Weber



Joyce Morgan joined the Pana Community Hospital Board of Directors in 2007 and has served as Chairman of the Board of Directors since 2012. Pana Community Hospital's Board

of Directors is governed by a volunteer board comprised of community members representing the areas that the hospital serves. A member of the hospital's Medical Staff also serves on the Board of Directors. The role of the Board of Directors is to govern the organization on behalf of its stakeholders and the community it serves, monitors accomplishment of mission and goals, and develop strategic plans for the hospital's future.

Pana Community Hospital Board of Directors

Joyce Morgan, Chairman
Jim Randolph, Vice Chairman
MaryAnn Rhoades, Secretary
John Gardner, Treasurer
Dr. Demosthenes Asuncion
Matt Beavers
Dr. David Lett
Carolyn Marley
Ric Miles
Rick Schmitz
Carol Schramm
Joyce Throneburg



Tom Roland has served on the Foundation Board of Directors since 2003 and became Chairman of the Foundation Board in 2011. He has followed a long line of dedicated board members

and Chairmen of the Foundation Board. Pana Community Hospital Foundation is governed by a volunteer board of directors comprised of community members and hospital health care professionals. The Foundation's Executive Director oversees the day to day operations while the Board of Directors' assists in the planning and promotion of fundraising activities and deferred giving programs.

Pana Community Hospital Foundation Board of Directors

Tom Roland, Chairman
Kirk Woods, Vice Chairman
Norman Rhoades, Secretary/Treasurer
Rev. Chuck Banning
Dave Budds
Dr. Walter (Terry) Cunningham
Craig Deere
Dave Dorn, Jr.
Vicky Gullion
George Heintz
Mary Kirkbride
Dwain McAfee
Steve Morrell
Dr. Marlon Muneses
Kyle VonSchnase, Ph.D.



Candy Craig has served as the President of the Pana Community Hospital Auxiliary since 2012. The Auxiliary officers and active auxiliary members meet regularly to oversee the volunteer

operations of many dedicated volunteers. Volunteers provide coverage for the front desk and gift shop. The Auxiliary conducts fundraisers including the annual Holiday Bazaar. The Auxiliary offers financial support to the hospital for needed projects and upgrading of equipment as well as scholarships and internships to young adults looking to begin a career in a health care related field. Members of the Auxiliary continue to provide countless hours and hard work to support our local hospital.

Auxiliary Officers

Candy Craig, President
Sandy Pinkston, Vice President
Vicky Gullion, Secretary
Gina Trexler, Treasurer



This past year was an exciting one for Pana Community Hospital as we celebrated our 100th Anniversary, a significant milestone that we recognized with several events throughout 2014. Pana Community Hospital has been blessed with a very supportive community, boards, physicians, patients, employees and volunteers throughout its 100 year history. The Hospital and all its related organizations will continue to need this valuable support as we move through the rapidly changing future of healthcare delivery.

We at Pana Community Hospital are excited about the future that we can build from our strong past and look forward to being part of the innovations and changes going on in the healthcare industry. Many of the new initiatives in which PCH is participating put the focus on what is best for the patient—something we have believed for a very long time should be the primary focus of healthcare.

In this report, we share information about the initiatives that we have already accomplished that include launching a patient portal and participation in a rural Accountable Care Organization. You will also learn about an exciting milestone for our Fitness/Wellness Program, details of renovation and construction projects that were accomplished this past year, important community partnerships, and an employee spotlight.

One additional event that occurred in December 2014 was the retirement of Dr. Ernesto Fabi. This event had a significant impact on the Pana Community Hospital family and our community. Dr. Fabi has been a dedicated, loyal and caring healthcare provider in our community for over 40 years and so we recognize him in this annual report as well. We will miss working with him, but we wish him the best in his retirement.

As healthcare continues to change nationwide and in our community, Pana Community Hospital is committed to being your partner in health by providing high quality, patient-centered, value-based care close to home.

Trina J. Casner, FACHE
President and Chief Executive Officer



Pana Community Hospital

101 East Ninth Street | Pana, IL 62557 | 217-562-2131 | panahospital.com

OUR MISSION

Our Mission is to be a leading partner in assuring community-based quality Healthcare.

THE VISION

To achieve our Mission; we promote a Vision striving:

- In partnership with the other community healthcare providers, we seek to develop a comprehensive system of healthcare services to assist our neighbors in reaching their personal maximum for health;
- To provide programs that promote health education and wellness;
- To enhance our personalized care concept in the provision of services to our community;
- To maintain an environment which promotes satisfaction and opportunity for the patient, their family, the employee, and the physician;
- To maintain the hospital's ability to support the delivery of quality health care at reasonable costs, in accordance with community needs and the health care regulatory environment;
- To demonstrate by actions and results the commitment to continuous quality improvement.

PANA COMMUNITY HOSPITAL FOUNDATION is a not-for-profit 501(c) 3 corporation established exclusively for charitable, educational, and scientific purposes to support and encourage health care services by providing financial and fundraising assistance for Pana Community Hospital.

The Year in Review



Dr. Fabi Retired in 2014

In 1972, a physician arrived in Pana, Illinois. He was originally from the Philippines and had arrived to the United States in 1963 to begin his medical career in America. After completing his training in Milwaukee, New York, and Pittsburg he began working as a physician in Mullens, West Virginia. After three years in West Virginia, he noticed an advertisement from a small community in Central Illinois looking for a doctor. This physician wanted to practice medicine in a small community and upon his first visit to Pana; he liked the flat land of central Illinois as opposed to the hills of West Virginia. In this small

community, he met Doctors Rudy and Fritz Siegert and liked them as well. He also noticed there were patients waiting to see these doctors forming a long line at the local clinic! "I will be able to have lots of business in this town," he thought. It was then that Dr. Ernesto Fabi decided to bring his family to Pana and call this place home.

As the Siegerts planned for retirement, Drs. Virgilio and Gloria Dycoco arrived in Pana. The Dycocos' were former classmates of Dr. Fabi in the Philippines. A short time later, Dr. D.F. Quizon joined the Pana Medical Group located downtown. Dr. Quizon had been a former colleague of Dr. Fabi in West Virginia.

Dr. Fabi liked the fact that a small hospital gave him more control over the care of his patients and the freedom to work in many capacities. He remembers getting calls at home all hours of the evening requesting he come to the Emergency Department to see a patient or cover for another physician. He worked in the surgical department performing mainly abdominal surgeries until 2005. He served as Medical Staff President from 1976–78 and 1985–86. In December of 2014, Dr. Ernesto Fabi retired.

Dr. Fabi and his wife Emma have five children and seven grandchildren with one more on the way. He and his wife plan to travel more now that he has retired, spending three months of the year in the Philippines. When they aren't visiting children and grandchildren, you will find Dr. Fabi on the golf course or just visiting his friends at Pana Community Hospital or the Pana Medical Group.

Pana is fortunate that this physician chose our small community and dedicated over 40 years to practice medicine and care for the people of Pana and the surrounding communities. We are fortunate he and his wife raised their family here and encouraged his friends to join him in practice.

DR. FABI, We thank you for your dedication and service and will always have a special place for you in Pana!



Dan Mizeur, Plant Operations Manager, is pictured here with Steve Swingler of Swingler Construction looking over plans for the newest project at Pana Community Hospital.

Employee Spotlight on Care: Dan Mizeur

Quality care at Pana Community Hospital starts from the time you drive onto our campus to the moment you leave. Each employee plays an important role in making sure our patients receive the highest level of care. **Dan Mizeur** is one of the many employees that make our hospital successful. He has been a part of the hospital's Maintenance Department for over 30 years!

Dan graduated from Pana High School in 1981 and began his career at Pana Community Hospital in 1984 in the Maintenance Department under the direction of Glen Dameris. In 1995,

Dan was promoted to Manager of the department upon the retirement of Dameris.

Mizeur and his staff of Rick Smith and Jeff Waddington are responsible for everything, from changing light bulbs and heating and cooling the 100 year old building, to making sure the lawn is trimmed and sidewalks safe. Although the hospital requires daily maintenance, Mizeur spends the majority of his time planning and developing for the next improvement project at PCH. Some of the projects Mizeur has led include the first and second medical mall expansion, the Emergency Department expansion, construction

of the Rehab/Wellness Center and many other remodeling projects throughout the hospital. Mizeur has also been involved in updating of the Community Medical Clinic offices in Pana, Nokomis, Assumption and now the new Community Medical Clinic building in Ramsey.

“ It takes a team effort to make sure all the projects come together smoothly. From the support of the Board of Directors, excellent leadership from administration, and hard work from all the contractors and businesses we work with—it all comes together in the end. ”
—Dan Mizeur

Pana Community Hospital continues to grow and offer exceptional care—a source of pride for Dan and everyone who works at Pana Community Hospital.

Fitness Program Celebrates Five Year Anniversary

The Pana Community Hospital Live Well Fitness Program celebrated its five year anniversary earlier this year. Over the past five years, the Live Well Fitness program has continued to grow offering a variety of fitness classes, a running club, nutritional counseling and personal training to over 311 members.



Pana Community Hospital's Rehab/Wellness Center opened in February of 2010 and was a \$2.2 million project that included an 11,720 sq. ft. expansion to the Rehabilitation building located just behind the hospital. Contributions and fundraising events by the Pana Community Hospital Foundation helped raise over \$500,000 in support of the project.

Fitness members can join the facility and have access to two exercise rooms with state of the art equipment. Group classes are also available to promote each individual's goal of improving their overall health.

Another service offered by the Live Well Fitness program are wellness screenings offered to the

general public and members monthly. This screening offers a lipid profile that includes total cholesterol, LDL, HDL and triglycerides. The screening also includes blood glucose testing, blood pressure and body mass index measurements.

Nancy Alexander, manager for the Live Well Fitness Program, encourages everyone to come and see how the center can help provide a place where everyone feels comfortable.

“ Our fitness staff is committed to integrating exercise, disease management and prevention to help you live well. ”
—Nancy Alexander



Pictured above: Nancy Alexander (at the far left) with the PCH Live Well Fitness Program staff.

The Year in Review

Community Medical Clinic Builds New Clinic in Ramsey

The Community Medical Clinic of Ramsey has provided medical care to residents in Ramsey and the surrounding areas for many years. In 2014, construction of a new office building for the Community Medical Clinic of Ramsey got underway. Community Medical Clinic of Ramsey will move from the current location on 715 S. Superior to the new building just up the street.



(Above) The new Community Medical Clinic of Ramsey features ample off-street parking and easy access.

(Right) A view of the Clinic's entrance area.



The 1,480 square foot building provides three patient rooms, a waiting room, nurse's station, two restrooms, break room and utility/storage area. "We are very excited to bring our patients in Ramsey this brand new clinic. We take great pride in bringing quality medical care to small communities such as Ramsey so patients do not have to travel far for medical care," stated Dr. Marlon Muneses who currently sees patients at the clinic. Deb Anklam, Family Nurse Practitioner, will also see patients in the clinic.

An open house to celebrate the opening of the new clinic will be held in the spring of 2015. Community Medical Clinic invites the public to come and tour the new office, enjoy refreshments and meet the staff.



Pana Community Hospital Opens Remodeled Bariatric Patient Room

Pana Community Hospital has recently completed construction on a new patient room designed specifically for bariatric (obese) patients and patients with limited mobility. The room includes a new Maxi Sky ceiling lift to be used by nursing and therapy staff when transferring a patient from bed to chair or assisting nursing staff with daily care. Staff is shown here receiving training on how to use the ceiling lift to properly transfer patients.

The lift prevents possible lifting injuries for the Pana Community Hospital staff, while providing the patient a safe and comfortable experience. Other improvements to the new patient room include an ADA redesigned bathroom which allows easier movement to the toilet and shower by a wheelchair dependent patient.

PCH Joins Illinois Rural Community Care Organization

During 2014, Pana Community Hospital took a major step toward participating in the ongoing nationwide effort to improve the health care system in this country by joining with 21 other hospitals in the Illinois Critical Access Hospital Network to form an Accountable Care Organization (ACO) called the Illinois Rural Community Care Organization (IRCCO). ACOs are groups of doctors, hospitals and other health care providers that work together to give patients coordinated care that focuses on high quality service, improving population health, and lowering cost.

IRCCO was established in May of 2014 and the mission of its 21-member hospitals is to improve the health of the rural communities they serve. Pana Community Hospital and its physicians are committed to providing and being accountable for high quality care, working to adopt best practices and better value, evaluating new ideas

and strategies to continually improve care and services, and ensuring patients come first. Joining with the Illinois Rural Community Care Organization and its other members enables us to realize these commitments.

As a member of IRCCO, Pana Community Hospital is participating in innovative programs with Medicare and commercial payers like Blue Cross Blue Shield. These programs are designed to encourage collaboration between all types of providers of care to better manage the overall health of our communities. Our involvement with IRCCO will help Pana Community Hospital adapt to the dramatic changes that are occurring in our country's healthcare system.

For more information on the Illinois Rural Community Care Organization, its status as an ACO and a list of participating members, visit iruralhealth.org.



Illinois Rural
Community Care
Organization®

Community Medical Clinic Launches Patient Portal

The Community Medical Clinic launched an online patient portal in 2014 to give patients secure access to their health records. The new patient portal is a great way for consumers to be an essential part in making informed decisions about their health. The portal is available 24/7 and can be accessed from any computer, smartphone or tablet. Patients are able to request prescription refills, view test and lab results, request appointments and communicate with doctors and nursing staff via secure online messaging. Health records will also list immunizations, allergies, and medications.

Community Medical Clinic has office locations in Pana, Nokomis, Assumption and Ramsey and serves a population area of approximately 20,000 citizens in a four county area (Christian, Shelby, Montgomery and Fayette).

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Committed to Our Community



Prescription Drug Drop Box

Pana Community Hospital and the Pana Police Department have combined efforts to develop a safe and convenient drop off location to dispose of prescription drugs. The drug drop off box is located in the Pana Community Hospital Emergency Department waiting area. By providing this service to our community we have taken another step to make our community a safer place.



Health and Safety Fairs

Each year Pana Community Hospital partners with community organizations to host a Children's Health and Safety Fair and an Adult Wellness Day. These events offer free screenings, promote preventative behaviors and provide valuable health information for persons of all ages.



Educational Luncheons

Pana Community Hospital hosts monthly educational luncheons called "Lunch, Learn & Live Well". The focus for the luncheons is to provide educational speakers that promote community wellness and prevention. These luncheons feature different health topics and are offered free to the public. Pictured at the left is Pana Community Hospital Occupational Therapist, Karen Beck. She is demonstrating how wrapping an individual's arm can help control Lymphodema—a painful swelling of the arm or leg that sometimes occurs following surgery.

Protecting and Treating Our Athletes

Pana Community Hospital, in conjunction with Pana High School, has implemented an innovative program for student athletes. This program assists physicians and the Pana Community Hospital Sports Medicine team in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student athletes, PCH has acquired a software tool called ImpACT (Immediate Post Concussion Assessment



and Cognitive Testing). If an athlete is believed to have suffered a head injury during competition, ImpACT is used to help determine the severity of head injury and when the injury has fully healed.



Meals on Wheels

Pana Community Hospital has been providing Meals on Wheels to local homebound residents for 31 years. The program provides nutritional meals to those individuals who are unable to prepare meals for themselves or who have special dietary needs. Our meal delivery volunteers are vital to the program. These caring individuals not only deliver a meal, but provide a friendly face to many on a daily basis. Volunteers June Ade (center) and Carolyn Barnett (left) are pictured below with Meals on Wheels Coordinator, Christina Wooldridge (right). June Ade has been delivering meals since the program began in 1984!



New Fountain at Pana Community Hospital

The Pana Community Hospital Foundation year-end appeal held at the end of 2013 raised funds for the construction of a new fountain, landscaping and sidewalks located on the front lawn of the hospital. Thanks to the generosity of those who contributed, PCH was able to construct the new fountain in 2014.

In July 1980, Pana Community Hospital first dedicated a fountain on its grounds in large part due to the generosity of Jack Erisman, Joe McCracken and the late Bill Amling. During construction of the new Emergency Department in 2000, the fountain had to be removed. In 2002, a replacement fountain was constructed, but over the years, that fountain deteriorated and, despite maintenance and repairs, became nonfunctional.



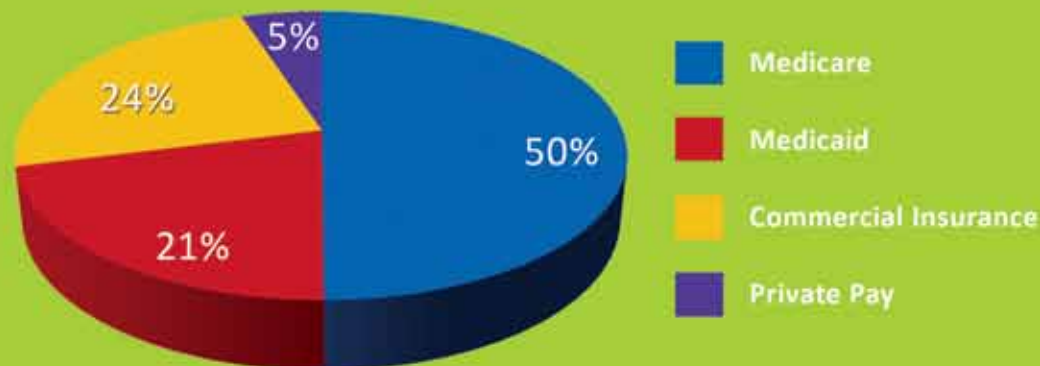
A dedication ceremony for the fountain was held in October. At that ceremony, PCH President and CEO Trina Casner recognized Mr. Joe McCracken for his efforts in the construction of both the original fountain and the current one. She also thanked Mr. McCracken for his constant support of PCH dating back to 1966. A second dedication stone is placed at the fountain to recognize Mr. McCracken.

The original dedication stone that was placed at the fountain in 1980 has been placed at the sight of the new fountain. It is inscribed: "This Pana Community Hospital Fountain is for the tranquility of all people. We hope your visits at this site will be frequent, that you will pause for prayer, meditation, or just enjoy its relaxing beauty."

2014 Financial Summary

Marking an Important Milestone

Patient Revenue by Source



Expenditures



Statistics

INPATIENT ACTIVITY

	2014	2013
Inpatient Admissions	311	335
Average Length of Stay (Days)	2.9	2.7
Patient Days	889	903

OUTPATIENT ACTIVITY

Emergency Department Visits	8,422	8,684
Surgical Cases	334	279

DIAGNOSTIC & THERAPEUTIC SERVICES (X-ray, Lab, Physical Therapy, Cardiopulmonary, Etc.)

Outpatients Served	22,039	21,522
Outpatient Tests and Procedures	37,839	38,295

2014 marked an important milestone for Pana Community Hospital. On May 12, 1914 construction for Huber Memorial Hospital was complete and a dedication was held on the front lawn of the hospital with over 2,000 in attendance. 100 years later, on May 10, 2014, a special celebration was once again held on the front lawn of Pana Community Hospital. The 100th Anniversary Celebration included honored guests, special speakers, and entertainment by the Pana High School Band. Keynote speaker was Don Ciulla, former Administrator of Pana Community Hospital. Other speakers included, John Metzger (portraying Dr. Jacob Huber), Jack Erisman, Former President of the Board of Directors, Dr. Doyle Slifer, Former President of the Medical Staff, as well as Joyce Morgan, current President of the Board of Directors, Dr. Steven Weber and Trina Casner, President and CEO of Pana Community Hospital. Tours were held of the grounds and hospital and refreshments were served. On May 12, the employees of Pana Community Hospital gathered around the heart logo driveway of PCH and released blue balloons to celebrate the 100th birthday of the hospital. Other events included a Centennial 5K race to kick off Pana's Labor Day Parade and Fun, Fit & Fabulous, a special women's event held at Oak Terrace to showcase women's health, shopping, and wine tasting.

Throughout its history, Pana Community Hospital has been blessed with exceptional staff and dedicated members of our community who have worked hard to make sure our hospital remains a vital part of this community. It is this love and dedication for our community hospital that makes our success something we can all share in. We will continue to provide the highest quality of care to our community for the next 100 years!



Pana Community Hospital



A Year to Celebrate!





Pana Community Hospital

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